

To Whom It May Concern,

<u>The Global Wellness Forum</u> fully supports SB470 and HB533 which would make Naturopathy legal in Florida and reinstate the license for Naturopathic Doctors (NDs). Our organization joins the growing number of organizations calling on the Florida Legislature to pass this bill in 2025.

Since 1958, naturopathy has been illegal in Florida and Naturopathic Doctors (NDs) have not been able to legally practice medicine in this state. Now is the time to turn the page on that chapter to make Naturopathy legal and formally recognize NDs.

The Global Wellness Forum strongly supports this bill as our board members and executive team as well as esteemed members of our coalition have witnessed firsthand how naturopathic medicine has helped many of us and our family members stay healthy and free from common ailments and chronic diseases.

A naturopathic medicine approach has allowed hundreds of thousands of people avoid debilitating effects of conditions like diabetes, heart disease, autoimmune diseases and even in some cases cancer, by using preventative care, natural means and lifestyle interventions, which is the first line of defense preferred by naturopathic doctors.

Naturopathic medicine is a different approach to healthcare. It shifts away from reductionist thinking and symptom management, instead emphasizing healing from within by addressing the root cause of any illness. A naturopathic doctor is trained in evidence-based medicine that consists of lifestyle changes, proper nutrition and a mind-body approach utilizing natural medicines, homeopathy, herbs and other natural and alternative therapies and treatments that support the patient on a holistic level.

Unfortunately, too many Floridians (and Americans) face the burden of our growing chronic disease epidemic. Over 60% of adults in the US now have at least one chronic condition, and nearly 40% have two or more. This epidemic is devastating families, communities, and our healthcare system. With the meteoric rising rates of chronic disease, it is critical we allow patients the right for other options in healthcare, such as seeking out a licensed naturopathic doctor, which will also lead to better patient outcomes in Florida.

Today, while Florida faces a provider gap, we have excellent naturopathic doctors living in our state, who are properly trained, licensed in other states, and want nothing more than to help care for Floridians. Let's allow them to get to work for Floridians! Florida represents a state for freedom, patients should also have the freedom to choose from the healthcare providers of their choice. Please support this important legislation to provide better healthcare access for all Floridians.

Thank you,
The Global Wellness Forum Executive Team

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